

THE HELM

monthly newsletter of The Tug Restaurant



THE TUG
RESTAURANT

SWAKOPMUND · NAMIBIA



ON DECK WITH BRETT

Thankfully May offers us a few days of well deserved break, at least a moment to catch our breath in all the bustle, but at The Tug Restaurant we don't rest and are always ready to serve our guests. With a third of this year behind us, and the halfway mark rapidly approaching - make use of this time to do what you want to; relax, take a stroll on the beach, catch up with old friends or enjoy a great meal at The Tug Restaurant. May is also the month to spoil your Mom, take her out to dinner (or lunch) and enjoy some precious time with your loved ones. As always keep well and have a wonderful May!

MAY EVENTS

- 1 May '18 - Tuesday - Workers Day ♦
- 4 May '18 - Friday - Cassinga Day ♦
- 10 May '18 - Thursday - Ascension Day ♦
- 13 May '18 - Sunday - Mother's Day
- 25 May '18 - Friday - Africa Day ♦

♦ Public Holidays, extended operating hours apply

THE GOOD NEWS



STAFF GRADUATE FROM "BARISTA COLLEGE"

Special Blend development specifically for The Tug Restaurant.

Coffee culture has always been very much a part of Swakopmund's heritage, more so now than ever, with this in mind, The Tug Restaurant decided it was time for a specially developed blend of our own. After lots of taste tests and decisions we settle on a blend that we are excited to now have on offer. Along with this our staff also attended an intense hands on training course, this way we can offer better service and a great cup of coffee.

FEATURED DISHES



Hake dusted with fine Beef Biltong

Served on Green Pea, Mint and Potato mash, Parmesan and a Dukkah cream sauce

Suggested wine pairing: *Fairview Mourvèdre*

Traditional Malva Pudding

A warm home-made sticky Pudding of Cape Dutch origin, served with either, Cream, Ice-Cream, or Custard

Suggested wine pairing: *KWV Muscadel*



THE LAST WORD

Wishing all those traveling to the coast a safe and blessed journey - Please remember if you venture into the desert, stay hydrated and don't forget the sunscreen! - See you next month...